



May 2014

Dear U of MN Medical Reserve Corps Member,

Historically, our MRC unit experiences an influx of new members around this time of year. Whether this is due to MRC Coordinator classroom presentations, targeted recruitment activities, or word of mouth from current members; the addition of new members strengthens the U of MN MRC unit's capacity to respond to campus, local, state, and national disasters and emergencies.

Whether you have a long history with the MRC or are a newly registered MRC member, we thank you for your commitment to join us as we stand ready to be of service to our campus, state, and nation's communities.

Warm regards,

Kathy Hite Berlin RN, PHN

U of M MRC Coordinator

1. June 2-8 is National CPR & AED Week: Bystander CPR Class Offered

Do you know CPR? Each year over 300,000 people die in the US from Sudden Cardiac Arrest. The rapid response of bystanders saves lives.

During this 1 hour class you will:

Learn how to assist someone experiencing sudden cardiac arrest

Practice hands only CPR

Learn to use an Automated External Defibrillator (AED)

Date: Wednesday, June 4

Time: 12:00pm-1:00pm

Location: University Office Plaza, Room 116-2221 University Ave SE

<http://www.umn.edu/twincities/maps/UOffPl/>

Participants: Academic Health Center students, staff, and faculty and MRC members

To Register: Email medicalreserve@umn.edu or call Joan at 624-2286

Please RSVP by Monday, June. 2. Pre-registration is required.

Additional Information: Lunch will be served.

2. Summer Training Opportunities

Traditionally, in person or classroom training events are offered during the months of September through May. That being said, we encourage our MRC members to view the on-line training modules at their convenience. When you have completed a course, please email a copy of your certificate to the U of MN Medical Reserve Corps at: medicalreserve@umn.edu or send it by fax to 612-626-4704.

Personal & family emergency preparedness

http://www.nursing.umn.edu/MERET/MERET_Courses/PFER_module.html

The goal of this course is to provide the tools to help you develop your own personal preparedness plan. The course is divided into 6 sections which each take 5 to 10 minutes to complete. If you don't have a preparedness plan, please take this course.

Mass dispensing sites: a primer for volunteers

<http://www.sph.umn.edu/ce/trainings/coursepage.asp?activityId=6811&styp=2>

This training is designed to provide an overview of the general operations of mass dispensing sites and serves as an orientation for individuals who may be asked to work in those sites during an emergency. All U of M MRC members are encouraged to take this 1 hour course.

The National Incident Management System (NIMS) and the Incident Command System (ICS): A primer for volunteers

<http://www.sph.umn.edu/ce/trainings/coursepage.asp?activityId=8187>

This training provides an initial orientation to the National Incident Management System (NIMS) and the Incident Command System (ICS) for individuals who plan to volunteer during an emergency or disaster.

Off-site care facility – an alternate care site: a primer for volunteers

<http://www.sph.umn.edu/ce/trainings/coursepage.asp?activityId=7373>

This training provides an overview of the general operations of an off-site care facility (also referred to as Alternate Care Site). Topics covered in this 1 hour course include examples of alternate care sites and the types of emergencies that necessitate their establishment, basic or austere medical care, the concept of the incident command structure as it applies to at such a care site, Standard Precautions, and preparation of the volunteer.

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