



January 2014

Dear U of M Medical Reserve Corps Members,

U of M MRC members are issued photo identification badges once they have viewed the online or in person MRC orientation. These identification badges:

- Identify individuals as members of the University of Minnesota Medical Reserve Corps Program
- Are required to gain access to the scene of an authorized U of M MRC deployment.
- Must be worn during MRC deployments, drills, and exercises so it is visible above the waistline.

Currently there are over 400 unclaimed MRC ID badges in our office. Members can expect an email in the coming weeks detailing instructions on how to obtain a MRC badge and t-shirt.

Those members who have completed the orientation requirements and have not yet received their ID badge and/or t-shirt are asked to email the MRC Coordinator at medicalreserve@umn.edu.

Warm regards,

Kathy Hite Berlin RN, PHN

U of M Medical Reserve Corps Coordinator

1. Bystander CPR

Each year over 300,000 people die in the US from Sudden Cardiac Arrest. The rapid response of bystanders saves lives. During this one hour class you will:

- Learn how to assist someone experiencing sudden cardiac arrest
- Perform hands only CPR

- Learn to use an Automated External Defibrillator (AED)

Date: Tuesday, January 28

Time: 12:00pm-1:00pm

Location: St. Paul Campus-Ben Pomeroy Learning Center-Room 215

Participants: Medical Reserve Corps members and AHC faculty, staff, and students

To Register: Email medicalreserve@umn.edu . Please RSVP by Thursday, January 23. **Pre-registration is required.**

Additional Information: Lunch will be served.

OR

Date: Wednesday, January 29

Time: 12:00pm-1:00pm

Location: Minneapolis Campus-Mayo Auditorium-4th Floor Mayo Memorial Building

Participants: MRC members and AHC faculty, staff, and students

To Register: Email medicalreserve@umn.edu . Please RSVP by Thursday, January 23. **Pre-registration is required.**

Additional Information: Lunch will be served.

2. Basic Life Support for Healthcare Providers Class

Basic Life Support for Healthcare Providers class is open for registration to U of M MRC members. The U of M Department of Emergency Management is teaching this class based on the 2010 American Heart Association guidelines. The class covers adult, child, and infant, 1 & 2 Rescuer CPR, Automatic External Defibrillator (AED) use, bag-mask techniques and relief of choking.

This course is open to healthcare professionals as well as any other MRC member interested in learning these lifesaving skills.

Date: Thursday, January 30, 2014

Time: 8:00am-12:00pm

Location: Minneapolis campus-2221 University Ave. South, room TBD

Participants: U of M MRC members-class size limited to 15

To Register: Send an email to medicalreserve@umn.edu. **Please RSVP by Friday, January 24. Pre-registration is required.**

Cost: The cost of this training is being covered by the Medical Reserve Corps.

Additional Information: At the time you register we will arrange for you to receive a copy of the BLS for Healthcare Providers Student Manual. Please read the manual prior to the class meeting.

It is also required that prior to attending this class you will have completed the MRC orientation either by having previously attending an in person orientation or viewing the on-line version.

The on-line MRC Orientation module can be found at the following link:

<http://mediamill.cla.umn.edu/mediamill/embedqt/119484>

Member Corner

Question: I have a new cell phone number. How do I update the cell phone number in the MRC registry?

Answer: Thank you for asking that important question! It is essential that we have current MRC member cell phone numbers and cell phone carrier information as members are notified of emergency deployment opportunities via text messages and/or emails. To update your cell phone number and/or cell phone carrier click on the U of M MRC homepage link below. Once on the MRC homepage, scroll down to "Member resources" and click on "Medical Reserve Corps Registry". You may login to the registry using your University x500 internet ID and password. Once in the registry, scroll down to the "Contact" section to enter your current cell phone information. Upon updating the information, click on the submit/update button to save the changes.

MRC Homepage: <http://z.umn.edu/mrc>

AHC Office of Emergency Response

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