



November 2013

Member Action Needed: Update Your MRC Registry Information

Changes have been made to the U of M Medical Reserve Corps registry system. All members must update or confirm the accuracy of their registry information, paying particular attention to your cell phone number and provider. Our office utilizes the TXT-U system to notify members of important deployment notification. Once you have verified the information is correct, you must click on "Submit".

Updating your MRC registry information is fast and easy and ensures you will not miss any upcoming MRC deployments and events. Please take a few minutes to update your information by clicking on this link: <http://mrc.ahc.umn.edu>.

MRC members who update their information in the MRC registry by November 19 will be entered into a drawing for one of four \$25.00 Amazon.com gift cards.

Warm regards,

Kathy

Kathy Hite Berlin RN, PHN
U of M Medical Reserve Corps Coordinator
Academic Health Center Office of Emergency Response

1. Bystander CPR Class

Over 300,000 people die each year in the USA from Sudden Cardiac Arrest. Do you know what to do?

Learn Bystander CPR for the first time or come to practice your hands only CPR skills. During this class you will learn the steps to assist someone who has experienced sudden cardiac arrest, perform hands only CPR and learn to use an Automated External Defibrillator (AED).

This link provides some of the content to be covered in class.

http://www.heart.org/HEARTORG/CPRAndECC/HandsOnlyCPR/LearnMore/Learn-More_UCM_440810_FAQ.jsp

Date: Thursday, November 14

Time: 12:00pm-1:00pm

Location: St. Paul Campus- Ben Pomeroy Learning Center-Room 215

Participants: MRC members and AHC students, staff, and faculty-class size 30

To Register: Email medicalreserve@umn.edu. Please RSVP by Monday, November 11. **Pre-registration is required.**

Additional Information: Lunch will be served.

2. Respiratory Personal Protective Equipment Fit Testing Team Meeting

This small strike team has been trained and drilled in the method used to fit test N95 respirators on an emergent basis. This strike team would be activated during a situation when there is a need to fit test a large number of individuals with N95 respirators in a short period of time.

This team currently consists of individuals trained to administer the fit test, registered nurses who review health forms, and support staff whose role is to set up equipment and assist during the fit testing process. Other than the registered nurses, members of this team do not need to have a health care license or other specific credentials. If you are interested in learning more about this strike team, we encourage you to attend this meeting.

Date: Wednesday, November 13

Time: 12:00pm-1:00pm

Location: Moos Tower, room 1-435

Participants: Open to all MRC members.

To Register: Send an email to medicalreserve@umn.edu . Please RSVP by Monday, November 11.

Additional Information: Lunch will be served.

3. MRC ID Badge and T-shirt Distribution

MRC identification badges will be distributed in December for those members who do not currently have a MRC badge. The process for picking up the ID badges will take no longer than a couple of minutes. We will also be handing out U of M MRC t-shirts.

MRC ID Badge Distribution Details

EAST BANK

Date: Tuesday, December 3

Time: 11:00am to 1:00pm

Location: Moos Tower, 2nd floor across from Caribou Coffee

Additional Information: Members are asked to bring a photo ID

ST. PAUL CAMPUS

Date: Wednesday, December 4

Time: 11:00am to 1:00pm

Location: Animal Science Vet Med Building, across from room 125

Additional Information: Members are asked to bring a photo ID

Member Corner

Question: I am interested in learning more about the Respiratory Personal Protective Equipment Fit Testing Team. Do members of this team need to have a background in Respiratory Therapy?

Answer: Members of this team do not need to have a background in Respiratory Therapy. We will train members of the team for their specific position which are based on three roles: fit-testers, form reviewers, and supply staff.

AHC Office of Emergency Response

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